

I, the undersigned, knowingly understand and accept the risks involved in this event. I acknowledge and fully understand I will be engaging in activities that involve risk of serious injury, including severe stress, permanent disability or death, and severe social and economic losses, which might result not only from my actions, inactions, or negligence, by the actions, inactions or negligence of others, vehicle traffic on the course, or the conditions of any premises or any equipment used. Further, there may be other risks not known or reasonably foreseeable at this time.

I assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.

I agree to hereby, for myself, my heirs, and assigns, release, indemnify, and agree to hold harmless the Newman Freedom Festival race committee, sponsors, volunteers, and the city of Newman from any and all actions, claims, demands, administrative proceedings, judgments, attorneys fees, of any kind that may arise from my participation in this event.

I also hereby consent to emergency medical treatment in case of injury and understand that any medical costs incurred will be my responsibility.

**All participants must read and sign this waiver.**

\_\_\_\_\_  
Signature of Participant                      Date

\_\_\_\_\_  
Signature of Participant                      Date

\_\_\_\_\_  
Parent or Guardian if under 18              Date

\_\_\_\_\_  
Parent or Guardian if under 18              Date

\_\_\_\_\_  
Emergency Contact                              Phone



## BETHS PLACE

**BETHS PLACE is a non-profit domestic violence shelter in Douglas County, providing comprehensive services for women and their children who are experiencing domestic abuse. Both residential and non-residential client from Douglas County and beyond are helped to transform their lived free from abuse.**

**Because Eventually The Healing Starts**



Additional **SWAG** for those participating in other events in our race series. Details at [www.newmanrace.net](http://www.newmanrace.net)

Registration @ 708 N Broadway  
Check in 5:30—7:00 a.m.

## Newman Freedom Festival 2017 5K Walk, Run, & Biathlon

June 17<sup>th</sup> 2017  
7:30a.m.

**Individual Category**

**Team Category**

**Local Resident Category**  
(61942 home Zip Code)

**Proceeds to Benefit:**

**BETHS PLACE**  
a domestic violence shelter  
serving Douglas County

- Awards for top finishers
- Prizes, Free Raffle Entry, Post Race Food
- Free Dri-Fit T-Shirt for early entries

[www.newmanrace.net](http://www.newmanrace.net)

Chip Timing by:

**Splitmaster Timing**

## 2017 5K Run, Walk, & Biathlon Details

- Register as individual for 5K (walk or run) or for Biathlon
- Team Category, also available, for biathlon (2 member teams- 1 runner, 1 biker) Biathlon (5K Run, 15 mile ride)
- 5K route will be a modified loop course on hard surfaced roads
- Bike course will be out & back on smooth, paved roads, very straight, and very fast
- Routes will be well marked, staffed with volunteers and water will be available
- Helmets are **REQUIRED**

Free *Dri-Fit* T-shirt for all early entries!

- Register by mail, return entry form to:  
**James Young**  
**PO Box 260**  
**Newman, IL 61942**
- Register online:  
**[www.newmanrace.net](http://www.newmanrace.net)**
- Questions?  
**[newman5krace@gmail.com](mailto:newman5krace@gmail.com)**
- Check us out on Facebook:  
**Newman Freedom Festival 5K Walk, Run, & Biathlon**

### Awards & Prizes

Awards presented for top finishers in all categories!

**Visit our website for complete breakdown of all age group and award categories.**

**All skill levels, from beginner to advanced are welcome!**

### Post Race Prizes

Entry fee automatically enters you into raffle. Must be present to win.

### Group Discounts

Sports teams, running/ bike clubs, and businesses. See website for details!

**All participants will receive Finisher Medals!**

### Free post-race food and drink

**Register by deadline to guarantee Dri-Fit shirt and support a worthy cause.**

**Early registration postmarked by 6/7/17**  
**Race day registration accepted with no guarantee of t-shirt**  
**No refunds. Race takes place rain or shine!**

### Registration Form (Please Print)

#### Check Where Appropriate

- Individual 5K     Walk     Run  
Early: \$25.<sup>00</sup>                      Late: \$30.<sup>00</sup>
- Individual Biathlon  
Early: \$30.<sup>00</sup>                      Late: \$35.<sup>00</sup>
- Team Biathlon  
Early: \$40.<sup>00</sup>                      Late: \$45.<sup>00</sup>

\_\_\_\_\_  
Name of Individual or Team Captain

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, St, Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

Sex:  Male  Female

D.O.B. \_\_\_\_\_ Age: \_\_\_\_\_

Adult T-Shirt Size S M L XL XXL

\_\_\_\_\_  
Teammate Name

D.O.B. \_\_\_\_\_

Adult T-Shirt Size S M L XL XXL

Make Checks Payable To:  
**"Newman 5K Fund"**

Please read and sign the waiver and release of liability. Applicants who have not signed waiver will not be allowed to participate.