

Presented by

GEICO

THE SYSTEMS GROUP

# Run to End Alzheimer's at the Landings

5K • 10.5K • Fun Run  
Saturday, April 1, 2017



Landing Pointe Plaza, Bonaire, GA 31005  
(402 GA Hwy 247 S; 1.6 miles south of the Museum of Aviation on Hwy 247)



**COURSE:** Both 5K and 10.5K will start and finish at Landing Pointe Plaza. Each course is flat until entering Statham's Landing (SL) subdivision. The 10.5K uses perimeter roads in SL; (Note: Street only, Creek golf cart path is no longer a part of the course)

### 2017 REGISTRATION

#### Early Registration: Thru Feb 28

- Single event \$20 (\$15, 12 & under)
- Both events (1 shirt only) \$30

#### Pre-Registration: Mar 1-28

- Single event \$25 (\$15, 12 & under)
- Both events (1 shirt only) \$40

#### On Race Day: Apr 1

- Single event \$30 (\$15, 12 & under)
- Both Events (1 shirt only) \$45

#### Fun Run (no shirt)

Free /w Registered Adult (5K or 10.5K)

### RACE DAY SCHEDULE

Packet P/U	7:00 AM
5K Run/Walk	8:00 AM
10.5K Run	8:30 AM
5K Awards	9:15 AM
Fun Run (After 5K Awards)	
10.5K Awards	10:00 AM

### AGE CATEGORIES

≤10	25-29	45-49	65-69
11-14	30-34	50-54	70-74
15-19	35-39	55-59	75-79
20-24	40-44	60-64	80 & up

### TEAM COMPETITION\*

#### 5K or 10.5K (2-Person Team)

- Husband/Wife
- Parent/Child
- Challenges
- 5K Corporate Team - most participants
- 5K The Cause - most money raised for Alzheimer's
- 10.5K Military - best overall total time - 4-Person Team; 1 must be female

\*You may only be on one team, but will still be eligible for individual awards

**SHIRTS:** Register by 3/18/2017 to be guaranteed a *dri-fit shirt*. For all others, until supplies last.

**AWARDS:** Individual: Top 3 overall winners (M/F), top 3 in each age group (M/F), and master/grandmaster (age 40+ M/F)

- Teams:
- 1) Top 3 teams in each category (Husband/Wife, Parent/Child)
  - 2) Challenges (Corporate, The Cause, Military): Each 1<sup>st</sup> Place team (\$2 off each entry when 6 or more are mailed together. **MUST be received by Mar 18 for discount and shirt guarantee; no Challenge registrations accepted after Mar 25.**)

Fun Run: All finishers will receive a medal

**Macon Tracks members:** \$1 off pre-registration as part of the Macon Tracks OrthoGeorgia Race Series

**Online Registration:** [www.racerpal.com/register/run2endalz](http://www.racerpal.com/register/run2endalz) or download form at [run2endalz.org](http://run2endalz.org)

For more information, contact Race Director John Rowlands, 478.922.6556 or [run2endalz@gmail.com](mailto:run2endalz@gmail.com)

All proceeds to benefit the  
alzheimer's association

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Age: \_\_\_\_\_ (on Apr 1, 2017) Gender: M or F Circle T-Shirt Size: YM S M L XL XXL or \*NO SHIRT

Event (circle one or both): 5K 10.5k \*Cost of shirt will be donated to the cause

Phantom Runner (register by Mar 18): \$20 - T-shirt only, no race participation

Are you on a team? Yes No (Team members must register with the same team name and must run the same race)

Team Category (circle one): Parent/Child Husband/Wife Challenge Teams: Corporate The Cause Military

Team Name (plus, individual names for your 2-person PC/HW team): \_\_\_\_\_

facebook



By execution of this form, I release and discharge the Alzheimer's Association, Houston County, Statham's Landing Homeowners Association, land owners, sponsors, event organizers, and representatives from any known and unknown claims for damages, injuries, losses and/or judgment from any cause whatsoever that may be suffered by me. I attest that I am physically fit and prepared for this event, and grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions for this event now and in the future.

Signature (or Parent/Guardian if under 18) \_\_\_\_\_

Checks payable to:  
Run 2 End Alzheimer's

Mail to:  
John Rowlands  
108 Statham's Way  
Warner Robins, GA 31088

\$  
Amount Enclosed

One entry per form (may be photocopied)