Hi! My name is _____ and I'm running/walking in the Running for Rachel 5K on April 30th. Running for Rachel is a nonprofit organization that raises money for pancreatic and duodenal cancer research at the National Institutes of Health in Bethesda, Maryland. All pledges raised for my participation in the 5K will support this wonderful

Name	Email	Gift Amount

Please make checks payable to Running for Rachel and for race details check out our website, RunningforRachel.myevent.com.